

Healing Hands of Ithaca Massage Gift Certificate

108 West Buffalo Street, Ithaca, NY 14850

607-272-9002 • MassageIthaca.com

This certificate entitles you to _____ hours of massage
with Laurie Roe at Healing Hands of Ithaca!

From _____

Expires _____

Certificate Number _____

Please call Laurie at Healing Hands to schedule an appointment!

Enjoy!

Footbliss Lie on the heated table while your feet get the works. Soft warm towels, uplifting fragrant oils, pressure to toes and tendons as you like it. Great for those who work on their feet!

Computer Relief Kneading and percussion to get the blood flowing again in hardworking muscles of your neck, shoulders, hands and back! Massage can help relieve the aches and knots from too many hours at work or a big project and headaches from this tension.

WarmBack Attention especially to your whole back with a warmed table and hot water bottles and toasty towels...special attention to shoulder blades, tops of shoulders and low backs where tension accumulates.

Remember Relaxed? Whole body massage to help with high stress levels. You might feel like a new person and learn how to relax by actually experiencing it and not just wishing for it.